

| Champ. | HONNEUR REGION | EXCELLENCE REGION | EXCELLENCE DEP. | EXCELLENCE DEP. | -20 M | -17 F | -17 M | -15 M | -13 M 1 | -13 M 2 | -11 Mixte |
|------------|---|------------------------|------------------------|-----------------------|---------------------|-------------------|---------------|---------------------|---------------|----------------|----------------|
| Catégorie | SENIORS M 1 | SENIORS F 1 | SENIORS M 1B | SENIORS 1B | | | | | | | |
| Entraîneur | Lionel NICOLAS | Michael BULAYIMA | Christelle BOUTAL | Michael BULAYIMA | Christophe CHAUVEAU | Christelle BOUTAL | Drago DRAGNEV | Christian BASTARDIE | Hervé FERRIER | Pascal MELLENT | Paméla TETIA |
| S 05-sept | | | | | | | | | | | |
| D 06-sept | | | | | | | DR | DR | | | |
| S 12-sept | (21h) Genevieve Sprt | | Levallois (J1) | | | | DR | DR | | | |
| D 13-sept | | | | | | | | | | | |
| S 19-sept | CSM Finances (J2) | FB2M (J1) | Nanterre (J2) | Levallois (J1) | | | | | | | |
| D 20-sept | | | | | | | DR | (1) | (1) | CG | CG |
| S 26-sept | Noisy le Sec | Valenton HB | | | | | | | | | |
| D 27-sept | | | | | | | DD | (2) | (2) | CG | CG |
| S 03-oct | | Paris Sport Club (J2) | COM Bagneux (J3) | USM Malakoff (J2) | | | | | | | |
| D 04-oct | (16h) Issy HB | | | | | | DD | (3) | (3) | CG | CG |
| S 10-oct | HB Parisis (J4) | | Chatenay Malabry (J4) | Issy Paris Hand (J3) | | | | | | | D1 |
| D 11-oct | | | | | | | DD | (4) | (4) | CG | CG |
| S 17-oct | (20h30) Bois Co. | SCA 2000 Evry (J3) | | | | | | | | | |
| D 18-oct | | | | | | | | | | | |
| S 24-oct | | | | | | | | | | | |
| D 25-oct | | | | | | | | | | | |
| S 31-oct | 2ème tour | 2ème tour | | | | | | | | | |
| D 01-nov | | | | | | | | | | | |
| S 07-nov | | | Suresnes (J5) | Clamart (J4) | | | | | | | |
| D 08-nov | | | | | | | | (5) | (5) | (1) | (1) |
| S 14-nov | Maisons Laffite (J6) | US Palaiseau (J4) | Rueil (J6) | Stade de Vanves (J5) | | | | | | | |
| D 15-nov | | | | | | | | (1) | (1) | (2) | (2) |
| S 21-nov | Verrières (J7) | HBC Franconville (J5) | Puteaux (J7) | Antony (J6) | | | | | | | D3 |
| D 22-nov | | | | | | | | (2) | (2) | (3) | (3) |
| S 28-nov | 3ème tour | 3ème tour | | | | | | | | | |
| D 29-nov | | | | | | | | | | | D5 |
| S 05-déc | Chaville (J8) | Chatenay Mala. (J6) | Stade de Vanves (J8) | Suresnes (J7) | | | | | | | |
| D 06-déc | | | | | | | | (3) | (3) | (4) | (4) |
| S 12-déc | Paris sport Club (J9) | Le Chesnay (J7) | Asnieres (J9) | Levallois (J8) | | | | | | | |
| D 13-déc | | | | | | | | (4) | (4) | (5) | (5) |
| S 19-déc | 4ème tour | 4ème tour | | | | | | | | | (1) |
| D 20-déc | GYMNASSE BLOT NON DISPO DIMANCHE MATIN jusque 13h30 | | | | | | | | | | |
| S 26-déc | | | | | | | | | | | |
| D 27-déc | | | | | | | | | | | |
| S 01-janv | | | | | | | | | | | |
| D 02-janv | | | | | | | | | | | |
| S 09-janv | | Aubergenville (J8) | USM Malakoff (J10) | USM Malakoff (J9) | | | | | | | |
| D 10-janv | | | | | | | | (5) | (5) | (6) | (6) |
| S 16-janv | Genevieve Sprt (J10) | Morsang Fleury (J9) | Antony (J11) | | | | | | (1) | (1) | (7) DIMANCHE I |
| D 17-janv | GYMNASSE BLOT NON DISPO DIMANCHE MATIN jusque 13h30 | | | | | | | | | | |
| S 23-janv | | | | | | | | | | | |
| D 24-janv | match et 32ème CDF | match et 32ème CDF | | | | | | | (2) | (2) | (8) |
| S 30-janv | CSM Finances (J11) | FB2M (J10) | Levallois (J12) | Issy Paris Hand (J10) | | | | | | | (4) |
| D 31-janv | | | | | | | | | (3) | (3) | |
| S 06-févr | Issy HB (J12) | Paris Sport Club (J11) | Nanterre (J13) | Clamart (J11) | | | | | | | |
| D 07-févr | | | | | | | | | (4) | (4) | (9) |
| S 13-févr | HB Parisis (J13) | SCA 2000 Evry (J12) | COM Bagneux (J14) | | | | | | | | (5) |
| D 14-févr | | | | | | | | | (5) | (5) | (10) |
| S 20-févr | 16ème et 9ème | 16ème et 9ème | | | | | | | | | |
| D 21-févr | | | | | | | | | | | |
| S 27-févr | | | | | | | | | | | |
| D 28-févr | | | | | | | | | | | |
| S 05-mars | | | | | | | | | | | |
| D 06-mars | | | | | | | | | | | |
| S 12-mars | Bois Co (J14) | US Palaiseau (J13) | Chatenay Malabry (J15) | | | | | | | | |
| D 13-mars | | | | | | | | | | | (7) |
| S 19-mars | (21h) Maison Laffite | Franconville (J14) | Suresnes (J16) | Stade de Vanves (J12) | | | | | | | |
| D 20-mars | | | | | | | | | (6) | (6) | (11) |
| S 26-mars | quart et demie | quart et demie | | | | | | | | | |
| D 27-mars | | | | | | | | | (7) | (7) | (12) |
| S 02-avr | Verrières (J16) | Chatenay Malabry (J15) | Rueil (J17) | | | | | | | | (9) |
| D 03-avr | | | | | | | | | (8) | (8) | (13) |
| S 09-avr | Chaville (J17) | Le Chesnay (J16) | Puteaux (J18) | Antony (J13) | | | | | | | |
| D 10-avr | | | | | | | | | | | (10) |
| S 16-avr | Paris sport Club (J18) | | | | | | | | | | |
| D 17-avr | | | | | | | | | | | |
| S 23-avr | | | | | | | | | | | |
| D 24-avr | | | | | | | | | | | |
| S 30-avr | | | | | | | | | | | |
| D 01-mai | | | | | | | | | | | |
| S 07-mai | FA | | | | | | | | | | |
| D 08-mai | | | | | | | | | | | |
| S 14-mai | | | USM Malakoff (J19) | | | | | | | | |
| D 15-mai | | | | | | | | | | | |
| S 21-mai | FR | Aubergenville (J17) | (18h30) Asnieres | Suresnes (J14) | | | | | | | FA |
| D 22-mai | Finale | Finale | | | | | | | (9) | (9) | |
| S 28-mai | FR | Morsang fleury (J18) | Stade de Vanves (J21) | | | | | | | | |
| D 29-mai | | | | | | | | | (10) | (10) | (16) |
| S 04-juin | | | Antony (J22) | | | | | | | | |
| D 05-juin | | | | | | | | | | | |
| V 10-juin | AG | | | | | | | | | | |
| S 11-juin | FÊTE DU CLUB | | | | | | | | | | |
| D 12-juin | | | | | | | | | | | |
| S 18-juin | | | | | | | | | | | |
| D 19-juin | | | | | | | | | | | |
| S 25-juin | | | | | | | | | | | |
| D 26-juin | | | | | | | | | | | |